

Fulham Chronicle

Established 1883, part of the London Weekly News group

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TUESDAY MAY 31 2016

MAGIC OF THE CHELSEA FLOWER SHOW



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West London's best-known osteopath will this week set off for a gruelling 1,000-mile cycle trek alongside Wham star Andrew Ridgeley to raise funds for needy teenagers after many of his clinic's 17,000 patients donated £15,000 in sponsorship. Clive Lathey, founder of the famous Putney Clinic, is taking to the saddle with the pop star and England rugby heroes Lawrence Dallaglio and Martin Johnson to ride across the Pyrenees from San Sebastian to Barcelona and then on to Majorca and Ibiza for two laps around each island. **SEE PAGE 4**

Eleanor's father: I'll continue legal fight

BY LWN REPORTER
edit@londonweeklynews.co.uk

THE father of a west London woman who killed herself after being accused of making a false rape claim says he will continue his legal battle despite a judicial review into her death being refused.

Eleanor de Freitas, 23, was found dead in April 2014 just days before she was due give evidence at trial.



Eleanor de Freitas took her own life

Eleanor's father, David, has sought a judicial review to open a new inquest to examine the handling of the case by prosecutors in the run-up to her death.

However, at the High Court last Tuesday, two high court judges refused the application for a judicial review.

Miss de Freitas, who had bipolar disorder, originally claimed she had been raped by Alexander Economou, but her case was dropped due to insuffi-

cient evidence. Mr Economou then brought a private prosecution against Miss de Freitas, from Fulham, alleging she had perverted the course of justice, which was then taken up by the Crown Prosecution Service.

An inquest last year concluded she committed suicide and that her upcoming trial had been a "stressor" in the days before her death.

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Councillors' 'pay' frozen

HAMMERSMITH and Fulham councillors' allowances have been frozen for the second year running. The decision to freeze payments for all councillors follows the 10 per cent cut to cabinet members' allowances – which saw the first-ever reduction in members' allowances at the council

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Join in, says canoe club

A NEW canoeing club has thrown open its doors to get local young people from Hammersmith and Fulham out on the water this summer. Fulham Reach Blades has been set up at the Fulham Reach Boat Club at Distillery Wharf, and has already held a fun-and-games day to showcase what's on offer.

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Cuts 'risk legal access'

LAWYERS in Hammersmith have warned that people "in crisis" are at risk of losing access to justice as a result of government cuts to legal aid.

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Saddle do nicely! Big bike ride for charity

BY GEOFF BAKER

geoff@londonweeklynews.co.uk

WEST London's best-known osteopath will this week set off for a gruelling 1,000-mile cycle trek alongside Wham star Andrew Ridgeley to raise funds for needy teenagers after many of his clinic's 17,000 patients donated £15,000 in sponsorship.

Clive Lathey, founder of the famous Putney Clinic, is taking to the saddle with the pop star and England rugby heroes Lawrence Dallaglio and Martin Johnson to ride across the Pyrenees from San Sebastian to Barcelona and then on to Majorca and Ibiza for two laps around each island.

Clive, 55, is taking on the ride to aid the Dallaglio Foundation, the charity set up by the former England captain to help get teenagers out of gangs and into sports.

The demanding ride, from June 5 to 19, is just the latest charity challenge in the two decades that Clive has been putting himself through it to aid needy others.

In the late 90s he and a patient Mike Taylor set up an ocean-crossing charity called Turning The Tides to raise money for multiple sclerosis after former athlete and rugby star Mr Taylor developed MS.

In 1998 they swam from



West London osteopath Clive Lathey on an earlier charity cycle

Dover to a beach near Calais in France, in 1999 they swam from Minorca to Majorca in a relay and in 2000 they swam from Catalina Island to Santa Monica pier in the USA, swimming for 23 hours.

Ten years later Clive cycled from London to Paris for the Child Bereavement charity.

"I did very little training for that, basically I just borrowed a bike that was too small, wore a skateboarding helmet and training shoes. I had numb feet for months and couldn't walk properly for a week," said Clive.

"Then in 2014 Lawrence Dallaglio and I cycled from St Moritz to Chamonix, nearly 700 miles in one week," he

said. "I hadn't trained hard enough for the big mountains either, but I did all of it, not very quickly, and didn't get off once. This time I'm taking the training more seriously, I've been riding at least 80 miles a week for the Pyrenees challenge."

"I'm thrilled that so many of my patients have sponsored me that already I've raised almost £15,000, which will all go to Lawrence's charity because all the riders pay all our own expenses. I'm not sure how I'm going to feel afterwards though, I may be in need of my own services."

To sponsor Clive, go to <http://uk.virginmoneygiving.com/CliveLathey>

Allowances frozen again

HAMMERSMITH and Fulham councillors' allowances have been frozen for the second year running.

The decision to freeze payments for all councillors follows the unprecedented 10 per cent cut to cabinet members' allowances – which saw the first-ever reduction in members' allowances at Hammersmith and Fulham council.

The authority says the pay cut and subsequent allowances freeze is "central to our commitment to protecting frontline services for local residents, by stripping out wastefulness, bringing an end to unnecessary roles and inflated salaries at the Town Hall".

This has seen over £600,000 cut from the cost of senior management over the last two years.

The 10 per cent cut and subsequent allowances freeze mean that the annual allowances paid have fallen as below:

■ Leader of the Council cut from £35,763 to £32,186.70

■ Deputy Leader cut from £29,796 to £26,816.40

■ Cabinet Members from £23,838 to £21,454.20

Councillor Max Schmid, cabinet member for finance, said: "It is only right that cabinet members and councillors at Hammersmith and Fulham are playing their part in finding savings with a complete freeze in allowances."

"This comes on top of the 10 per cent cut we brought in during the first year of this administration – the first time ever that councillor allowances had been cut in Hammersmith and Fulham."

"While payments for elected members grow elsewhere, the council allowances freeze is part of a package of prudent financial management that enabled us to cut council tax last year, abolish homecare charges and invest in frontline services and fight to defend Charing Cross Hospital."

"It also means that Hammersmith and Fulham was one of a handful of councils in the country to freeze council tax this year, despite central Government suggestions for a 3.75 per cent rise."



James Roedding takes to the water

Picture: Justin W Thomas

Water sports appeal

A NEW canoeing club has thrown open its doors to get young people from Hammersmith and Fulham out on the water this summer.

Fulham Reach Blades has been set up at the Fulham Reach Boat Club at Distillery Wharf, and has already held a fun-and-games day to showcase what's on offer.

Ten young people gave canoeing and kayaking a try, and they and others will return for other river days over the coming months.

Sam Dell, who is in charge of the city sports academy at London Sports Trust, organised the recent event.

"Our aim is to get young people from Fulham Reach, the Queen Caroline Estate and the wider Hammersmith area on to the water," he said. We're open to anyone from 11 up to seniors, and we've got around 30 boats available as well as fully qualified coaches."

The club is a community-focused charity based at the Fulham Reach development by Hammersmith Bridge, working with schools in the area to offer as many youngsters as possible the option to row.

"We're basically opening up the canoeing side of the club to the community, and we hope that those who came along to try it out will join us on other days this summer," added Sam.

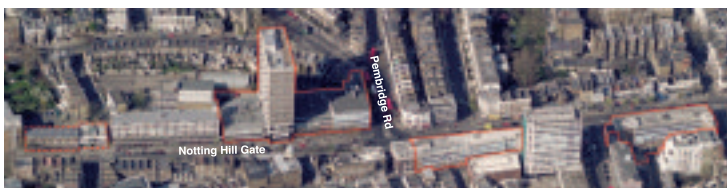
Fulham Reach Blades was established by the London Sports Trust as a canoeing club to run in partnership alongside the mainstream rowing offered at the boat club.

To get involved, go to Unit A, Distillery Wharf, Chancellor's Road, Hammersmith, or you can visit the club's website: www.fulham-reachboatclub.co.uk or email samdell@londonportstrust.org.



A public exhibition

OF PROPOSALS FOR THE NOTTING HILL GATE ESTATE



Frogmore invites you to a public exhibition to view our proposals for the office environment in the heart of Notting Hill Gate.

Proposals include refurbishment of the existing office space at upper floor levels with re-cladding of the building façade and additional floors of office accommodation.

Frogmore have been working with architects Squire and Partners to shape plans for the existing 1950's buildings to provide a refreshed gateway to Notting Hill.

Members of the project team will be on hand at the exhibition to talk through the designs, answer any questions and listen to your feedback.

Email us with your views at:

nhgestates@londoncommunications.co.uk

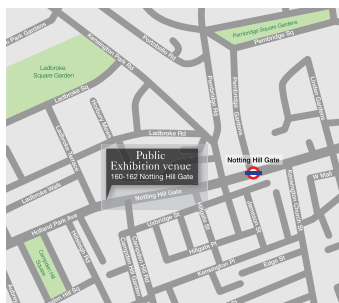
Or call us on: 0800 307 7568 (Freephone)

The exhibition will be held at 160-162, Notting Hill Gate, London, W11 3QG on:

WEDNESDAY 25 MAY, 6-8PM

THURSDAY 26 MAY, 5-8PM

SATURDAY 4 JUNE, 10AM-2PM



Have a say on housing issues

HAMMERSMITH and Fulham council is inviting its tenants and leaseholders to attend a special conference to discuss housing issues that affect them.

Organised by residents, for residents – the Our Homes Our Future conference will be held at the Novotel in Hammersmith Broadway on Saturday, June 18.

"This is a great opportunity for council tenants to have their say on important issues that affect them, such as the future direction of council housing in the borough," said Hammersmith resident Maxine Bayliss.

Councillor Lisa Homan, council cabinet member for housing, said: "Residents will be updated on the progress made to safeguard council housing in the future and give them more control over their homes. The conference serves as an important example of how tenants and the council can work together to achieve positive results and I ask everyone to register for the event."

The keynote speaker will be Pat Fordham MBE, chair of Phoenix Community Housing, who helped transfer Phoenix's stock from Lewisham council to a community gateway housing association. Pat has been a community activist for nearly 25 years, starting as a member of her local tenants' association.

For more details, call the council on 020 8753 6652 or email: getinvolved@lbhf.gov.uk

Low-level toxic air 'a threat to health'

EVEN small amounts of air pollution, below recommended guidelines, cause heart attacks and strokes by clogging the arteries, according to new research.

Traffic and factory fumes have long been linked to an increased risk of cardiovascular disease but the reason has remained a mystery.

Now, a ten-year study of more than 6,000 people across the US shows pollution increases the rate of build up of plaque in the arteries leading to clots and, in some cases, death. And this can happen at levels below regulatory guidelines.

Recent studies show that London is one of the most polluted cities in Europe. In the first week of this year parts of the capital broke annual limits for levels of nitrous dioxide.

Professor Joel Kaufman, of the University of Washington, Seattle, said: "The study provides important new information on how pollution affects the main biological process that leads to heart disease."

"The evidence supports worldwide efforts to reduce exposures to ambient air pollutants."

He added: "This was the most in-depth study of air pollution exposures ever applied to a large study group

specifically designed to examine influences on cardiovascular health."

In the study air monitors were deployed in more than 1,500 locations within cities in six different states.

Calcium deposits were measured in the participants' arteries by using CT scans.

They also assessed each person's exposure to pollution based on their home address.

Those living in areas with more outdoor pollution, even at lower levels common in the US, accumulated deposits faster than do people living in less polluted areas, reports *The Lancet*.

Previous research has shown associations between particulate matter spewed into the air by vehicles and industrial plants and heart disease. But it has been unclear how this leads to diseases of the cardiovascular system.

Prof Kaufman said: "The effects were seen even in the United States where efforts to reduce exposure have been notably successful compared with many other parts of the world."

The researchers collected thousands of air pollution measurements in the participants' communities and at their homes.